Sioux Rivers Regional MHDS

Governance Board minutes

Tuesday, May 27, 2025

The Sioux Rivers Regional MHDS Governance Board met via zoom. Those in attendance via zoom included: Beth Will, Sue Duhn, Carl Vande Weerd, Cory Altena, Kim Wermersen, Don Kass, Tammy Bruinsma, Denise Driesen, Sherri Bootsma, Shawn Scholten, Dennis Vanden Hull, Jami Van Voorst, Sarah Wurm, Libby Peters, and Kimber Patterson.

1. **WELCOME AND INTRODUCTIONS-**
   Wermersen welcomed the group and called the meeting to order at 1:30 pm.

2. **APPROVE AGENDA-**
   Vande Weerd made a motion to approve the agenda as presented. Bruinsma seconded the motion. The motion carried with all ayes.

3. **REVIEW AND APPROVAL OF 4/22/25 MEETING MINUTES-**
   Kass made a motion to approve the April 22, 2025, minutes as presented. Altena seconded the motion. The motion carried with all ayes.

4. **GENERAL DISCUSSION/UPDATES: INPUT FROM REGIONAL STAFF, PUBLIC, PROVIDERS, ETC.**
   Sarah Wurms provided an update from Seasons Center Crisis Services.

   Sioux Rivers April 2025 Crisis Numbers: Mobile Crisis 11, Crisis Line 3, Talk line 30, community-based stabilization 1, residential stabilization 3, and referrals to crisis stabilization services 7. Total FY2025 Crisis Numbers to Date: Mobile Crisis 47, Crisis Line 31, Talk Line 289, Community Based Stabilization 7, Residential Stabilization 4, and Referrals to Crisis Stabilization Services 20. In April 2024 Seasons Center had a total of 24 mobile crisis calls. That is the highest month ever for Seasons Center!

   MHFA Trainer: Seasons Center appreciates the board's approval of the MHFA dollars- 50% of the costs for Karen to attend the train-the-trainer for Mental Health First Aid. Thank you!

   ACT Numbers: 20 ACT Clients with five of those in Sioux Rivers Region. Seasons Center currently has open positions for SA counselor and another MH therapist. The waiting list currently has 11 people on it.

5. **FISCAL AGENT REPORT AND REGIONAL EXPENDITURES-**
   Duhn reported on the fiscal agent report. Van Voorst asked if there would be any money for Rog's Corner. Duhn stated that at this point we continue to be in the restraints of where we can spend the money within

the budget and the inability to do any new programs. Vanden Hull made a motion to approve the fiscal agent report. Van Voorst seconded the motion. The motion carried with all ayes.

6. **APPROVAL OF CLAIMS-**
   Duhn reported on the claims listing. Kass asked about the number of clients served by Siouxland MH in April. Vande Weerd made a motion to approve the claims as listed. Kass seconded the motion. The motion carried with all ayes.

7. **HHS CLOSE OUT PLAN-**
   Duhn reported that HHS has not yet made a decision on the close out plan submitted April 1, 2025. Until the plan has been approved Duhn is hesitant to move forward.

8. **28E RESOLUTION/TERMINATION-**
   Duhn reported that a draft resolution for the region and counties is ready to be approved. But, without the decision back from HHS on the close out plan Duhn didn't know what the board wanted to do about terminating the 28E as the final date may be changed by HHS in the close out plan. Vande Weerd made a motion to table the decision approval of the termination until the June meeting. Altena seconded the motion. The motion carried with all ayes. Duhn did ask the board members to provide a copy of the draft to their county attorneys so they could take a look before it officially came to each county for approval. Kass asked that when it was approved that an undrafted copy get sent to each county auditor. Duhn confirmed she would do this upon approval.

9. **DAP UPDATE-**
   Will provided an update on the DAP. Suzanne, the CEO of District One, came up and met with providers (Village Northwest, Hope Haven, and Pride Group) as well as Don Kass and Carl Vande Weerd to discuss office space and do a meet and greet. Will and Suzanne also discussed clients and getting warm hand offs started. Will has also met with Russell, the CEO of District Two, regarding warm hand off of clients as well.

10. **ASO/PCA UPDATE-**
    The next town hall meeting for the ASO/PCA will be held on Thursday. During the last townhall the PCA shared they would be working with crisis providers starting the week of May 19, 2025, to begin contract discussions. At this time, it is not known if any crisis providers have been contacted in our area.

11. **UPDATE ON FLOOD DOLLARS-**

Duhn discussed the remaining flood dollars. At this point, $19,755 dollars have been approved as encumbered by the region. A total of $10,380 has been paid out. Shawn with Creative Living had reached out to Duhn asking if the remaining dollars could be used for a couple of groups since the deadline is coming. Duhn was not sure if this would be considered a new program since it did not fall into the scope of the contract. The Governance Board asked Duhn to reach out to Rob Aiken with HHS and see if this was something that could be approved within the scope of the current allocated dollars. Kass made a motion to reach out to Rob Aiken and approve the group funding to Creative Living if Rob Aiken believes the dollars fit within the current allocated dollars. Driesen seconded the motion. The motion carried with all ayes.

As a follow-up after the meeting, Rob Aiken was contacted to discuss the group sessions within the already allocated dollars. He stated it would not be considered a new program and would fit within the current allocated dollars. Duhn reached out to Shawn Scholten to let her know to go ahead with the group sessions.

12. **MONTHLY EXPENDITURE REPORT-**
    Duhn presented on the monthly expenditure report. At this point, Sioux Rivers continues to be within the allocated budget and line items per the requests by Iowa HHS.

13. **ADJOURN GOVERNANCE BOARD MEETING-**
    Vande Weerd made a motion to adjourn the meeting. Bruinsma seconded the motion. The motion carried with all ayes. The meeting adjourned at 2:08 pm.

Sue Duhn, Secretary

Sue Duhn

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