



SIoux RIVERS REGIONAL MHDS

GOVERNANCE BOARD MINUTES

TUESDAY APRIL 25, 2023

The Sioux Rivers Regional MHDS Governance Board met in person at the O'Brien County Courthouse in Primghar as well as via zoom for those unable to attend in person. Those in attendance via zoom and in person included: Brenna Koedam, Lisa Rockhill, Crystal McHugh, Kim Keleher, Craig Hoftzyer, Carl Vande Weerd, Jerry Birkey, Cory Altena, Dennis Vanden Hull, Don Kass, Bill Leupold, Brenna Kooedam, Kim Wermersen, Mike Van Otterloo, Sue Duhn, Dayton Vogel, Tim Overmire, Beth Will, Christina Eggink-Postma, Brenda Erickson, Brenda Langstraat, Dan Ries, Rob Aiken, Barry Whitsell, Nicholle Eaton, Kimber Patterson, Janice Hill, and Tim Schumacher.

1. WELCOME AND INTRODUCTIONS-

Wermersen welcomed the group and called the meeting to order at 1:30 pm.

2. APPROVE AGENDA-

Vande Weerd made a motion to approve the agenda. Altena seconded the motion. The motion carried with all ayes.

3. REVIEW AND APPROVAL OF 3/28/23 MEETING MINUTES-

Kass made a motion to approve the March 28, 2023 minutes. Vanden Hull seconded the motion. The motion carried with all ayes.

4. FISCAL AGENT REPORT AND REGIONAL EXPENDITURES-

Duhn reported on the fiscal agent report and the approximate remaining fund balance. Birkey made a motion to approve the fiscal agent report. Vande Weerd seconded the motion. The motion carried with all ayes.

5. APPROVAL OF CLAIMS-

Kass asked about the \$2.50 fee to the Plymouth County Sheriff. Van Otterloo made a motion to approve the claims as listed. Hoftzyer seconded the motion. The motion carried with all ayes.

6. PROVIDER FUNDING REQUESTS-LIFESKILLS-

Koedam presented the request from LifeSkills for marketing. Koedam discussed that the marketing approvals in the past have been for promoting mental health awareness more so than marketing their own business. Altena asked if we know what the TV Commercials and Radio Spots were for. Janice Hill discussed her requests. Hill stated the TV ads would be marketing their services, fund raising events, community awareness spots, and for direct support positions available in the agency. Hill also stated the same could be said for the radio spots. Leupold did state making people aware of mental health services is good, we well as telling people where they can get the help. Vande Weerd suggested the board needs to look at what dollars are to be used for promoting mental health. Koedam stated \$7000 went to Creative Living for radio ads promoting mental health moments, and Seasons Center received around

\$12,000 for radio ads and commercials. Van Otterloo asked what was included in the \$7000 towards social media on the LifeSkills request. Hill confirmed this was for maintaining the social media sites as well as having a portal in social media to apply for jobs as well. Van Otterloo would be in favor of the TV Spots, Radio Spots, and Website at approximate \$10,000. Vande Weerd made a motion to approve \$10,000 towards the TV spots and radio spots. Kass seconded the motion. Leupold asked about the website that was approved for the region last month, asking if this would do the same thing. Koedam did state this was for our region to have a site that can then link to provider sites. With no further discussion, the motion carried with all ayes.

7. LETTER OF SUPPORT-CMHC DESIGNATION-PLAINS AREA/SEASONS CENTER-

Koedam began the discussion for the community mental health center designation. Currently they are both (Seasons Center and Plains Area) designated mental health providers in our region. The Governance Board needs to write a letter of support in favor of designation for Sioux County. Koedam did discuss this with other CEO's and Rob Aiken at HHS. Koedam would like to endorse Seasons Center for Behavioral Health. She did let both Kim at Plains Area and Dan at Seasons Center know whom she was going to endorse.

Keleher did approach the board and let them know they are already providing all of the supports to Sioux County as if they were the designation, which is why they are applying for that designation. Plains partners with Hope Haven and Creative Living. There could be a continued partnership with those organizations moving forward. Keleher did state they are serving almost 300 individuals in Sioux County already.

Ries did approach the board. Seasons Center has an office in Sioux Center that is staffed five days per week. The building is owned by Seasons Center in Sioux Center. Seasons Center has many crisis services within Sioux County and does branch into Plymouth County as well. Seasons Center has invested a lot into the region with the crisis center and other requested services. ACT is continuing to expand as well. Vande Weerd agreed with Koedam and did remind the board that when Koedam came on board the board agreed to respect her decisions. Vande Weerd made motion to approve writing a letter to support Seasons Center for the designation for Sioux County. Alena seconded the motion. Koedam did state it was not an easy decision to come to as both providers have great things going for them and provide quality care. The motion carried with one nay.

8. IRSH MOU WITH CARE CONNECTIONS AND HEART OF IOWA-

Koedam presented a MOU for the IRSH home in Spirit Lake. Both the CEO at Heart of Iowa and Care Connections Region has approached Koedam. They would like to utilize the IRSH home if a bed is available. Koedam did state the MOU is only for those that come to the IRSH without insurance. The MOU will allow those regions to utilize our contract to pay Lakes Lifeskills. A typical stay at an IRSH home is about six months. With this MOU, those regions would pay for six months of their stay before Sioux Rivers

takes over. Vande Weerd asked if we could have some assurances Sioux Rivers would have a bed if needed. Koedam did state we could pay to assure an open bed, but the region would need to pay that. If a Sioux Rivers resident needs an IRSH home, there are two other IRSH homes in the state to use. Leupold made a motion to approve the MOU. Schumacher seconded the motion. The motion carried with all ayes. Leupold amended his motion to include the six months of payment by the other regions be corrected in the draft MOU. Schumacher seconded that amendment to the motion.

9. SIOUX RIVERS MHDS REGIONAL EMPLOYEE HANDBOOK-

Koedam discussed the employee handbook. Each County of record is currently following different rules. Koedam did state the intent is to protect the individual counties in it as well. Koedam also wants to assure we are protecting the staff. Koedam would like to form a sub-committee to discuss decisions needed in the handbook. Koedam did state the staff have seen the handbook. A meeting has also been held with staff to discuss the handbook and potential discussion. Koedam reminded everyone the handbook is in draft form. Koedam would like to vote on the handbook in June. Leupold asked how close we were to becoming state employees. Koedam reported that when CEO has asked the state they were told it would not happen. Van Otterloo did state it is important to not let the staff go backwards. He believes it is important to think about that as the committee moves forward. Koedam would like a sub-committee of the current county of records. There are currently four county of records (Dickinson, Lyon, Plymouth, and Sioux). One staff member thought it might be important to include a county auditor. Koedam is not sure that is necessary at this point. Kass made a motion to form the subcommittee to include one County Board member each from Dickinson, Lyon, Plymouth, and Sioux, we well as Koedam and Duhn per Koedam's recommendation. Van Otterloo believes those subcommittee members can keep their Auditors in the loop. Vande Weerd seconded the motion. The motion carried with all ayes. Each county should select a person from their county to include on that subcommittee. Vande Weerd believes having everything in order will help us going forward.

10. PROVIDER UPDATE-FLOWSTATE UPDATE-SUE-

Duhn presented on Flowstate and the numbers seen by Flowstate since January 1. Koedam is planning to meet with Primghar Hospital next week. Rockhill has a meeting Thursday with the hospital in Rock Rapids. Koedam will reach out to Estherville and Floyd Valley in Le Mars to discuss using Flowstate beginning in FY24.

11. GENERAL DISCUSSION/UPDATES-

Eggink-Postma thanked the board for the endorsement. She also reported the Crisis Center should open by September 1. Van Otterloo asked how we were doing with funds. Koedam did state we are within the budget at this time. Duhn and Koedam will look at outstanding invoices and determine if additional dollars are available. Koedam will bring the rules for the incentive fund to the Governance Board next month.



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12. ADJOURN GOVERNANCE BOARD MEETING-

Hoftyzer made a motion to adjourn the meeting. Vanden Hull seconded the motion. The motion carried with all ayes. The meeting adjourned at 2:35pm.

Sue Duhn, Secretary

A handwritten signature in blue ink that reads "Sue Duhn".

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