

Sioux Rivers Regional MHDS Governance Board
Minutes
November 22, 2016

The Sioux Rivers Regional MHDS Governance Board Meeting was held Tuesday, November 22nd at the Plymouth County Courthouse Annex Building, 215 4th Avenue SE, Le Mars, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:30 p.m.

Members present: Mark Loutsch, Dennis Wright, Jim Henrich, Mark Sybesma, Matthew Ung, Mark Monson, Shane Walter and Julie Albright

Members absent: David Van Ningen and Mike Wood

Others present: Aaron Haverdink, Sharon Nieman, Patty Erickson-Puttmann, Dennis Butler, Anne Rust, Kim Wilson, Greg Stallman, Don Kass, Don Nore, Timm Banks, Scott Witte, Lisa Schwanke, Nathan Huizenga, Dan Altena, Kathy Roberts, Kim Keleher, Patrick Schmitz, Jamie Holmes, Jolie Corder, Dayton Vogel and Dave Drew.

2. APPROVAL OF MEETING AGENDA

- A. Motion by Mark Sybesma, second by Jim Henrich to approve the Agenda as submitted for November 22, 2016. Carried 3-0

3. APPROVAL OF THE MINUTES OF THE OCTOBER 25, 2016 GOVERNANCE BOARD MEETING

- A. Motion by Dennis Wright, second by Jim Henrich to approve the minutes of the October 25, 2016 Governance Board meeting. Carried 3-0

4. FISCAL AGENT REPORTS

- A. Dennis Butler presented the local Fund 110 report and the Fund 720 Fund to the Board.

- B. Motion by Dennis Wright, second by Mark Sybesma to approve the Fiscal Agent reports as presented. Carried 3-0.

5. HOPE HAVEN SLIDESHOW PRESENTATION

- A. Lisa Schwanke of Hope Haven presented to the Board a slideshow detailing changes in the rules and requirements of HCBS Settings and how they affect services. The State has put together a transition plan with a goal that the State and providers are in compliance by the end of 2018, with the changes going into effect March 17, 2019.

6. UPDATES: ADVISORY BOARD, ASSESSMENT CENTER

- A. Kathy Roberts presented statistics on the Assessment and Stabilization Center.

- I. Admissions to date: 133

- II. Referral sources: Siouxland Mental Health Center – 55; Hospitals – 33; Police – 15; Other Mental Health Providers – 8; Other Health Providers – 2; Self-Referral – 11; Disability Resources – 1; Region – 1; Friend – 4.

- III. County breakdown: Woodbury County – 119; Plymouth County - 9; Sioux County – 4; Other – 1.

- IV. Disposition at discharge: 49 went with a relative or friend; 15 were referred to a shelter; 4 were homeless or had nowhere to go; 2 went into substance abuse treatment; 6 went to the hospital; 46 went home; 8 did not disclose.

- B. Aaron Haverdink reported that the public input meetings were held in all three counties. The Advisory Board met to talk about rate setting and they hope to have a proposal to present at the next Governance Board meeting.

7. FOLLOW-UP DISCUSSION ON TELEHEALTH: HEALTHCARE ANYWHERE
 - A. Patrick Schmitz shared that he had a presentation with the company last week.
 - I. The format worked well.
 - II. He did get some pricing from them.
 - III. They don't provide personnel, just the software.
 - IV. The software uses low bandwidth.
 - B. Shane will meet with Patrick to have further discussions.
 - C. Shane will also look into other companies and have some comparisons to bring back to the Board in the future.

8. COMMITTEE REPORT: POSITION TO COORDINATE SERVICES IN THE COUNTY JAILS
 - A. Patty reported that the committee members held a meeting at the Tri View office. The committee included Greg Stallman, Dr. Gillette, Dayton Vogel, Patrick Schmitz, Jim Rixner, Sharon Nieman and Patty. They went through what the position was, what the salary requirements needed to be and the position description.
 - B. The Jail Alternatives Coordinator Job Description and Contract were presented to the Board.
 - C. It was decided that Woodbury County would be the employer of record.
 - D. A discussion was had regarding who would be conducting the interviews.
 - I. Patty felt the committee should be involved to include mental health professionals.
 - II. Mark Monson shared that Shane and the three sheriffs should be involved.
 - III. Patrick Schmitz offered that the committee that put together the job description and contract should be involved. Chairman Mark Loutsch agreed.
 - IV. Shane added that he would also like to be involved in the process.
 - V. It was agreed that in addition to the committee, the sheriffs would also have input regarding the hiring.
 - E. Patty stated that the position would answer to Shane for all budgetary and programmatic types of things, but for daily operations they would answer to the designated person at each jail.
 - F. The Board and attendees discussed how data would be tracked for the effectiveness of the position.
 - G. Mark Monson moved to approve moving forward in hiring the Jail Alternatives Coordinator, second by Dennis Wright. Carried 3-0.

9. PROVIDER IMPROVEMENT GRANTS FOR FY17: TIME FRAMES
 - A. Patty shared that to date she has not received any provider improvement requests.
 - B. Project proposals are due by 4:30 p.m. Wednesday, February 10, 2017 in the Sioux Rivers Regional Office/Woodbury County Office located at 1211 Tri View, Suite B, Sioux City, IA 51103.
 - C. The Governance Board will review and select projects at the February 28, 2017 meeting.

10. TRI VIEW BUILDING: CONFERENCE ROOM AND OFFICE SPACE RECONFIGURATION
 - A. Shane had a meeting a couple of weeks ago with Jeremy Taylor and Kenny Schmitz. They discussed what needed to be done.
 - I. He reported that they have lined up a contractor to build the conference room. Kenny will be working with that individual to provide some oversight on behalf of the County.
 - II. The rest of the office will be reconfigured slightly and excess case management cubicles will be removed.
 - B. Chairman Loutsch asked about cost estimate for the project. Patty reported they have not received a cost estimate on the contractor but do have an estimate on the office reconfiguration and cubicle removal which is approximately \$2,500. Shane will provide the Board with the contractor's estimate as soon as it becomes available.

11. COMMITTEE REPORT: FRIENDSHIP HOUSE/DROP-IN CENTER

- A. Kim Keleher reported that the committee met again and decided each member should submit a proposal.
 - I. Kim presented Plains Area's proposal for Plymouth County.
 - II. Aaron Haverdink presented a proposal from Hope Haven that Doug Smit had sent to him.
 - III. Kathy Roberts presented drawings from 2010 showing how Siouxland Mental Health would like to rebuild the Friendship House at the current location.
- B. Shane reported that the Region currently has budgeted one million dollars for the Drop-in Centers and Friendship house.
- C. Shane stated the committee will need to provide to the Board start-up costs as well as also ongoing costs.
- D. Chairman Loutsch asked about money from other organizations to go along with Regional funds.
- E. Shane asked the committee come back to the Board with concrete figures. They need to explore possible options of obtaining community funding in addition to the Region. He also requested that the number of people using the facilities be brought back to the Board in writing.

12. PRESENT PRELIMINARY FY18 BUDGET

- A. Board members were sent the preliminary budget a few days ago so they could start to review. Shane asked for any input or questions the Board may have.
- B. The Board discussed the preliminary budget.
- C. Mark Monson asked for additional columns in the preliminary budget showing the FY17 Budget.
- D. Dennis Wright asked if Shane had come up with a levy proposal.
 - I. Shane reported that he and the service coordinators have talked at length about the levy recommendation discussing how it was decided last year that the levy rate was already set over a two year period.
 - II. Shane recommended a one year proposal for Woodbury and Sioux counties to lower their levies to match Plymouth County.
- E. The Board, fiscal agent and attendees had a lengthy discussion regarding the pros and cons to Shane's proposal.
- F. Dennis Wright recommended that Denny Butler and Shane get together and bring back numbers to the Board so they can then decide on what to do with the levy rate.

13. VISIONING MEETING 11/23/16

- A. The Visioning Meeting is being held tomorrow in the Plymouth County Annex from 10:00 a.m. to 3:00 p.m.
- B. Shane stated that he wants providers, Board members, attendees to come and talk about the Region; what is going well, what needs to be better and what the Region should be doing , etc.

14. PUBLIC MEETINGS: REVIEW

- A. Chairman Loutsch asked if there were any additional comments regarding the public meetings. No comments were made.

15. REGIONAL MENTAL HEALTH EXPENDITURES

- A. Motion by Dennis Wright, second by Mark Sybesma to accept the Regional Mental Health expenditures as presented. Carrie 3-0

16. ADDITIONAL INFORMATION:

- A. Shane told the Board they need to be aware of the pressure that DHS is putting on Regions to provide services that are more consistent across the State. There is talk of having a statewide plan. Shane will keep the Board updated.
- B. The Board discussed changing the next Governance Board meeting from December 27th to December 20th at 1:30 p.m. Board members agreed that December 20th would work for them.

Meeting adjourned at 2:50 p.m.



Julie Albright, Secretary

Approved by Board: January 31, 2017