

Sioux Rivers Regional MHDS Governance Board
Minutes
October 23, 2018

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, October 23, 2018 at the Plymouth County Courthouse Annex Building, 215 4th Avenue SE, Le Mars, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:00 p.m.

Members present: Mark Loutsch, Dennis Wright, Mark Sybesma, Don Kass, Keith Radig, Matthew Ung, Shane Walter, Julie Albright.

Others present: Aaron Haverdink, Patty Erickson-Puttmann, Theresa Jochum, Sharon Nieman, Ryan Dokter, Sheila Martin, Katie Detloff, Nicolle Eaton, Kim Keleher, Sarah Jackson, Dr. Shawn Scholten, Carl Vande Weerd, Taylor Goodvin, Dennis Butler, Dawn Mentzer, Shawn Fick, Cindy Wilde, Kim Wilson, Samantha Menke.

2. APPROVAL OF MEETING AGENDA
 - A. Motion by Don Kass, second by Mark Sybesma to approve the October 23, 2018 Agenda. Carried 3-0.
3. APPROVAL OF SEPTEMBER 25, 2018 GOVERNANCE BOARD MEETING MINUTES
 - A. Motion by Keith Radig, second by Denny Wright to approve the minutes of the September 25, 2018 Board meeting. Carried 3-0.
4. APPROVAL OF FISCAL AGENT REPORT AND REGIONAL EXPENDITURES
 - A. Ryan Dokter presented the Fiscal Agent Reports and Regional Expenditure Reports.
 - B. Dennis Butler reported that Fund 720 is now closed out.
 - C. Motion by Mark Sybesma, second by Don Kass to approve the Fiscal Agent Reports as presented. Carried 3-0.
5. UPDATES: ADVISORY BOARD, WORK ALTERNATIVES, IPS, ASC, JAIL ALTERNATIVES, MOBILE CRISIS, TELEHEALTH, ACCESS CENTERS, ACT.
 - A. Dr. Shawn Scholten reported that the Advisory Board met on October 10th.
 - I. They spent time talking about the regional situation with implications of different scenarios. They agreed upon not wanting their services provisions to change and losing what they currently offer to consumers with mental health issues and intellectual disabilities. They also do not want to see a loss of fine staff.
 - II. They looked at some agency updates and ended the meeting highlighting articles, stories and examples of so many positives amongst Sioux Rivers' agencies, providers and consumers.
 - III. The next meeting is scheduled for January 9, 2019 in Le Mars.
 - B. Aaron Haverdink reported on Work Alternatives.
 - I. They have finalized the outcome goals each employment provider will be working towards. In late December and early January, they will be doing the first evaluation to see how they are working towards their goals in placing individuals in the community and supporting them in their jobs.
 - C. Aaron reported on Individual Placement & Support (IPS).
 - I. Rick Koele the IPS Specialist that was hired has taken another position at Hope Haven, but he will continue doing the job until someone is hired in his place.
 - II. They have had three referrals so far and are continuing to work on finding more places for people to work. They are also partnering with different mental health agencies to be a part of the program.
 - D. Nicolle Eaton reported on the Assessment and Stabilization Center.
 - I. They have completed the accreditation process and were awarded a three-year accreditation.
 - II. They are continuing to work with Iowa Medicaid, United Healthcare and Amerigroup for backdated and current billing. The Center has received some payments from Amerigroup and United Healthcare, the total amount approximately \$46,000. They will continue to work with IME as well for payments.
 - E. Nia Key was absent. No update on Jail Alternatives.

- F. Patty Erickson-Puttmann reported that Mobile Crisis has been put on hold for the time being due to regional transitioning.
- G. Aaron reported on Telehealth.
 - I. Orange City Area Health System has utilized Telehealth six times so far (they are contracted for 110 per year). It is set up as a pay per use on an annual basis.
 - II. They have had varying results, but the ER doctors are very appreciative to have that option to consult with a psychiatrist when needed.
- H. CEO Shane Walter reported on the Access Centers.
 - I. He is currently working with other regional CEOs on this project, including Dawn Mentzer, Kim Wilson, Darcy Alt and Suzanne Watson.
 - II. The process is ongoing. They are working on how best to address the need. Shane stated that regions must work together because no one region would be able to handle the task.
 - III. Dawn Mentzer stated that Iowa Code states that Access Centers need to be in place by July 1, 2021. They are still trying to prioritize to see what makes the most sense for the regions.
- I. Shane reported on Assertive Community Treatment (ACT)
 - I. ACT is a requirement in the new Code.
 - II. They are not doing much on ACT at this point. They are waiting until the regions are determined.
 - III. It has the same timeframe as the Access Center, July 1, 2021.

6. PLAINS AREA MHC: LE MARS SCHOOL BASED THERAPY

- A. Shane reported that he and Aaron had met with Superintendent Steve Webner.
 - I. Mr. Webner indicated that he thought it might be possible as long as the Region works with him and families are not billed. Shane thought it was a go, but he received a message yesterday from Mr. Webner saying that he had visited with a couple of school board members and they are still opposed to anybody being billed anywhere for services.
 - II. Shane stated that they probably need to address this with the Le Mars School Board.
 - III. Don Kass asked that Chairman Loutsch arrange to have two Governance Board members meet with Mr. Webner and school board members to try to work things out.
 - IV. Kim Keleher suggested that they go to a school board meeting and present the issue. Shane agreed.

7. APPROVAL FOR CHAIRMAN'S SIGNATURE ON THE 2018-2019 IOWA HMIS MOU.

- A. Shane reported that this MOU would allow the Region to use their information system. It does not cost the Region any money and is a good tool for Nia Key and the Jail Alternatives Program.
- B. Motion by Dennis Wright, second by Keith Radig approving the Chairman's signature on the State of Iowa Homeless Management Information System Agency's memorandum of understanding. Carried 3-0.

8. REGIONAL TRANSITIONING

- A. Shane stated there was nothing specific in place regarding the notification of service reduction in FY20 to consumers in Woodbury County. The decision would be ultimately up to Dawn Mentzer and the Rolling Hills Regional Board as to what services will be a part of their management plan for FY20. He stated that notifying consumers of possible cuts in services will be the responsibility of Sioux Rivers.
- B. Shane advised the Board to give him the direction to work with Dawn Mentzer to determine which services may be curtailed and then they will talk about notification.
- C. Dawn Mentzer shared that she had a conversation with Jan Heikes of DHS. Jan recommended that Shane and Dawn work together and any notification needs to have an appropriate contact for any type of appeal. Jan Heikes also said that it is best practice that the current region notify the consumers in Woodbury County.
- D. Don Kass made a motion to authorize CEO Shane Walter and CEO Dawn Mentzer to work together and compile a list of services and clients thereof that would need to be notified for the purpose of transition at the earliest possible time, second by Mark Sybesma. Carried 2 to 1. (Ung, Radig opposed)

- E. Shane notified the Board and attendees that yesterday the Lyon County Board voted to join Sioux Rivers. Shane asked that the Sioux Rivers Board accept Lyon County and then move it to each county in the Sioux Rivers Region for approval.
- F. Motion by Don Kass, second by Mark Sybesma to accept Lyon County into Sioux Rivers MHDS. Carried 2-0 (Ung, Radig abstained).

9. GENERAL DISCUSSION

- A. Shane Walter reminded the Board that they had voted to approve the CARF Accreditation Survey going forward unless it was determined that it would not transfer to Rolling Hills Region. Shane has since found out that the Accreditation would not transfer to Rolling Hills. The Board agreed last month that if it was not transferable they would not expend the dollars. Shane relayed the information to Nia Key and she contacted the people at CARF and cancelled the survey. Shane shared that he did receive the invoice for \$1,720, which he authorized Ann Landers to pay.

Meeting adjourned at 1:45.



Julie Albright, Secretary
Sioux Rivers Regional MHDS Governance Board

Approved by Governance Board: 11.27.18