



SIoux RIVERS REGIONAL MHDS

GOVERNANCE BOARD MINUTES

TUESDAY, AUGUST 23, 2022

The Sioux Rivers Regional MHDS Governance Board met in person at the O'Brien County Courthouse in Primghar and via zoom. Those in attendance include: Sue Duhn, Abby Wallin, Beth Will, Shane Walter, Kim Wermersen, Don Kass, Jerry Birkey, Adam Lybarger, Micah Van Maanen, Dennis Vanden Hull, Crystal McHugh, Lisa Rockhill, Tim Overmire, Doug Wilson, Alissa Holtz, Shawn Scholten, Kristen Triplett, Tony Untiedt, Tammy Bruinsma, Barry Whitsell, William Leupold, Christina Eggink-Postma, Kim Keleher, Darren Shull, Jamie Van Voorst, Denise Driesen, Mark Sybesma, Taylor Wadsworth, Jay Ricke, Carl Vande Weerd, Brenda Langstraat, Amanda Olson, Cory Altena, Mikayla Larson, Nicky Eaton, Brittney Funston joined at 1:55pm.

1. WELCOME AND INTRODUCTIONS-

Wermersen welcomed the group and called the meeting to order at 1:31 pm.

2. APPROVE AGENDA-

Sybesma made a motion to approve the agenda. Vanden Hull seconded the motion. The motion carried with all ayes.

3. REVIEW AND APPROVAL OF 7/26/22 MEETING MINUTES-

Vande Weerd made a motion to approve the 7/26/22 meeting minutes. Kass seconded the motion. The motion carried with all ayes.

4. FISCAL AGENT REPORT AND REGIONAL EXPENDITURES-

Walter reported on the fiscal agent report. Birkey made a motion to approve the fiscal agent report. Vanden Hull seconded the motion. The motion carried with all ayes.

5. APPROVAL OF CLAIMS-

Leupold made a motion to approve the claims as listed in the claims report. Vande Weerd seconded the motion. The motion carried with all ayes.

6. ITP AND/OR ALTERNATIVE PROVIDER CONTRACT-

Walter informed the Governance Board the staff continues to work on services at the hospitals. At this time, the staff is not ready to make a recommendation to the Governance Board for future services. Walter stated the region would continue to provide payment to ITP at the FY22 rates. All funds will continue until the region makes a decision on a contract. The region will continue to pay ITP directly at the FY22 rates. Wilson did state ITP is not comfortable going forward without a contract at this time. Wermersen informed Wilson the Governance Board is not comfortable with ITP meeting with CEO's without the region's knowledge and will continue to pursue the best option for the hospitals and region going forward. Walter confirmed he is not comfortable giving a recommendation to the Governance



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Board today. Walter believes we need to continue to work with our hospitals, law enforcement, and consumers before making a decision going forward. At this time, Walter believes we need to consider other options before making a final decision for our consumers. The region is willing to pay for the service, and the hospital CEO's will know the region is willing to pay for the service until an agreement can be worked out. Sybesma asked if it is a money thing. Both Wilson and Walter confirmed it is not a money thing. Wilson stated an agreement was made that ITP would stick to one agreement across the state. Wermersen told Wilson a contract was sent to ITP as agreed upon at meetings, he refused to sign it. Due to circumstances, the region is looking at options before moving forward. Walter told Wilson if he were asking for a 90-day notice that we could do that today if he wants. He did not want a 90-day notice.

7. **CERT TRAINING-**

Walter discussed the CERT training. At this point, a location is still in the works. McHugh did state she has reached out to several locations. At this point, a location has not been secured. The dates for the training are October 24-28, 2022. The region will be funding this service for those in our region. Those outside our region will be charged to attend.

8. **STAFF MEAL REIMBURSEMENT POLICY**

Walter asked the Governance Board to approve a region wide policy so all staff are following the same reimbursement across the region. Birkey asked if the region would be reimbursing the staff. Walter confirmed the region would be making the payment to reimburse the staff. Sybesma made a motion to approve the policy. Vanden Hull seconded the motion. Rockhill asked for the policy to go into effect today, as the Governance Board had already approved staff claims for July. The motion carried with all eyes.

9. **CEO POSITION-**

Wermersen discussed the CEO position. Kass is working on getting a CEO to join the hiring committee. There are a couple to interview. Wermersen would like to start interviewing next week Monday, though the applications will not close until September 1. Vande Weerd, Kass, Birkey, Vanden Hull, Wermersen, and Pluth or Schumacher will be on the interview committee, as well as the CEO Kass lines up.

10. **REGIONAL INFORMATION TECHNOLOGY SERVICES-**

Wermersen moved this agenda item to #6 following approval of claims. Micah Van Maanen, Sioux County IT, presented a MOU to the Governance Board. A 28E was not needed, as the region already has one with each county. A single annual payment will be made to the counties, which would cover the staff changes if there were any. A special project would not be billed without coming to the Governance Board to get

approval. Walter stated from a CEO perspective, this is an incredible financial savings as opposed to hiring a dedicated person for the region. Kass made a motion to approve. Sybesma seconded the motion. Rockhill asked how Lyon County would be handled since they already pay a provider to provide services within Lyon County (Premier). Micah confirmed they could keep their provider, but still utilize the region for services. Wermersen asked what other charges the county would have beyond the \$1200 per IT person. Micah stated it would only be the project hours that would be pre-approved by the region. Will asked if this would include the website. Micah stated it could if the region decides to go that direction. The motion carried with all ayes. Duhn will send the MOU to all counties for board approval and signatures.

11. PROVIDER UPDATE-CHAMPION STATE OF MIND AND SEASONS CENTER CAMP UPDATES-

Amanda Olson shared information on Lil Champ Day Camp. A total of 92 children registered, with 75 in attendance. Mikayla discussed the curriculum of the camp. Much of the focus was on building relationships. While also discussing relationships work was done on respect, responsibility, and kindness. Many activities were provided to the campers at each session. Some of those included arts and crafts, water activities, libraries, nature centers, etc. Following the camp calls were made to the families to discuss feedback from their children on the camps. The feedback was positive from those families. Mikayla shared a story about a positive comment from the camp in Spirit Lake. The child was autistic and struggled with eye contact. While at camp, she was able to work on this and make great strides. Some of the other feedback had to do with daily periods, location adjustments, advertisement at schools before dismissing for the summer months, and some parents are able to pay for camps going forward. The camp came in under budget at \$119,071.12. There were many sponsorships for the camp as well. Many of those sponsors provided items or time towards the camps. Many of the supplies purchased at camp will be used at schools and/or camps going forward.

Christina shared information regarding the Seasons Center Camp Autumn. The items paid for by Sioux Rivers were utilized at camps all summer as well as the remodeling that occurred with those funds. One hundred seventy four unique campers were served. Thirty-two unique children through the summer. Adam shared an experience from two kids that came from Sioux Rivers. The sisters came to camp on the bus. The fifteen-year old sister jumped right into camp doing all the activities. The seventeen-year old sister was a bit tougher. The fifteen-year old was very good at Rubix cube. She could do it in under two minutes. She used that as her talent for the talent show day on Friday. There were many kids signed up for the show. When the week ended, she did not want to leave camp. The goal is to make those impressions on as many campers as possible. The impact made on the kids is amazing. Many of those



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activities are being done for the first time.

12. MHDS COMMISSION REPORT (Don)-

Kass reported on MHDS Commission. Kass was not at the meeting this last week. Kass did state the recommendation by the commission is still in process. At this point, the recommendation is to increase the carry over to 19% from the 5% it is currently. Kass did state the commission is trying to track where the Woodward clients are going.

13. LEGISLATIVE MEETING UPDATE-

Walter reported on the legislative coffee. It will be held on October 15, 2022 at the Sheldon Library from 9:30am-12pm. Kass asked if there was a comprehensive list to include those that are coming into our region due to redistricting. Walter did encourage board members to let staff know if they want someone invited specifically. The plan will include coffee and rolls. Staff will work to invite legislators, providers, and public.

14. SIOUXLAND MH-CRISIS CENTER UPDATE-

Nicky Eaton let the region know the subacute unit is up and running! Eaton thanked the board for their support. Eaton did state our region is working towards our own crisis unit in January, but did want the Governance Board to know they would be available going forward. The crisis center will remain as it was, with an addition of the subacute unit. The referral process will be similar to what it was before with the difference being the staff will determine the level of care. Eaton suggests once some of the services move to Seasons Center that Seasons Center be the point to make the referrals to the subacute if they do not meet the level of care at their facility. Eaton would like to ensure Seasons and Siouxland Mental Health are collaborating to ensure consumers are getting the services needed. Walter asked when the formal opening date was. Eaton confirmed the opening date was August 22, 2022. Eaton stated there are five subacute beds, four crisis residential beds, and three chairs in the 23-hour unit.

15. STAFF SHARE(Lisa)-

Rockhill shared information from Neapolitan Labs. There have been 546 views on the resource page of the website. Rockhill informed the group she works with the SOAR program. She is a certified worker for this program. She works with clients that need a fast track for disability because they are homeless, or about to be homeless. Rockhill is the SOAR individual for our region, so she works with all clients in our region that apply via SOAR. The social security process is not easy. Rockhill can assist individuals through this process.



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16. STAFF CHANGES/UPDATES-

Walter stated that Anema left the region and is working in a different position within Sioux County. Jim McManaman will start August 29, 2022. He has experience from Hope Haven and DHS. Vanden Hull asked if this would be the O'Brien County representative. Walter will get a visit to the O'Brien County Board of Supervisors as soon as possible. He should be in O'Brien County at least once per week.

17. GENERAL DISCUSSION/UPDATES-

Christina Eggink-Postma did provide an update on some of the other funding Sioux Rivers has provided. The food bank dollars have been distributed. The ASSIST training will be in Dickinson County in September and Sioux County in November. The IT updates are happening currently. Dan has been communication with Shane regarding the crisis center updates.

Walter discussed Good Life Innovations. They have begun the process of reaching out and setting up times to begin their work. Five of our providers, Hope Haven, VNW, Life Skills, Lakes Life Skills, and Pride Group are working with Good Life.

Rock hill reported the final report from the Double Bottom Line with Parlay has been provided. The report will be presented to the board at the next meeting.

18. ADJOURN GOVERNANCE BOARD MEETING-

Leupold made a motion to adjourn the meeting. Kass seconded the motion. The motion carried with all ayes. The meeting adjourned at 3:06pm.

Sue Duhn, Secretary

A handwritten signature in blue ink that reads "Sue Duhn".

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