

Sioux Rivers Regional MHDS Governance Board
Minutes
September 27, 2016

The Sioux Rivers Regional MHDS Governance Board Meeting was held Tuesday, September 27th at the Plymouth County Courthouse Annex Building, 215 4th Avenue SE, Le Mars, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:30 p.m.

Members present: Mark Loutsch, Dennis Wright, Jim Henrich, Mark Sybesma, Matthew Ung, Mark Monson, Shane Walter and Julie Albright

Members absent: David Van Ningen and Mike Wood

Others present: Aaron Haverdink, Sharon Nieman, Patty Erickson-Puttmann, Dennis Butler, Jim Rixner, Kathy Roberts, Dan Gillette, Don Nore, Patrick Schmitz, Jennifer McCabe, Cindy Wilde, Gary Turbes, Greg Stallman, Jason Wagner, Dayton Vogel, Bill Glienke, Dave Drew, Mike Van Otterloo and Craig Bartolozzi

2. APPROVAL OF MEETING AGENDA

- A. Motion by Mark Monson, second by Mark Sybesma to approve the agenda as submitted for September 27, 2016. Carried 3-0.

3. APPROVAL OF THE MINUTES OF THE AUGUST 23, 2016 GOVERNANCE BOARD MEETING

- A. Motion by Dennis Wright, second by Jim Henrich to approve the minutes of the August 23, 2016 Board meeting as presented. Carried 3-0.

4. UPDATES: WORK ALTERNATIVES COMMITTEE/ADVISORY BOARD/ASSESSMENT & STABILIZATION CENTER

- A. Chairman Mark Loutsch asked if there were any updates on the provider meetings and getting dates set.
 - I. He asked Aaron Haverdink to follow up on arranging dates.
- B. Jim Rixner updated on the Assessment & Stabilization Center.
 - I. Since opening in March, eighty-six people have come to the Center for services.
 - II. Average length of stay is 3.5 days.
 - III. Breakdown by county: Woodbury -78, Plymouth County – 6, Sioux County – 2
 - IV. They are currently looking at dividing up one of the larger offices into two smaller offices.
 - V. Parking will be an issue in the future and will need to be addressed.

5. STEPPING UP INITIATIVE RESOLUTION

- A. A template of the resolution was passed out at the last Governance Board meeting in August.
- B. The Board and attendees discussed the initiative and similar programs that are already in place.
- C. Patty Erickson-Puttmann told the Board that Johnson County goes by the Intercept Model and she will add a copy of this model in the meeting packets for October.
- D. Shane Walter asked that the Board determine whether they want to move forward with the Initiative and then the resolution can be approved next month before going to the individual county boards.
- E. Motion by Jim Henrich to approve moving forward with the process and then formally approving the Initiative at next month's meeting; second by Dennis Wright. Carried 3-0.
- F. Shane will send out in next month's meeting packets the formal Stepping Up Initiative Resolution.

6. SOCIAL WORKER POSITION TO COORDINATE SERVICES IN COUNTY JAILS

- A. Shane stated that the Board needs to determine how to go forward with getting this position.
 - I. What the position will look like
 - II. Where they will be located
 - III. How they are going to service all three counties in the Region
 - IV. Who will be their supervisor
 - V. There needs to be accountability to the Region because it is a regional position
 - VI. The social worker would have to be employed by a county because the Region is not a 501 (c)(3)
- B. Shane thought it would make the most sense to have the position based in Woodbury County because that is where most of the work will be done.
 - I. Greg Stallman indicated that there may be office space in Woodbury County facility this spring.
- C. Shane recommended putting together a job description.
- D. Greg Stallman shared that they are currently working with Workforce Development in helping offenders with resumes and learning interview skills. He added that the social worker position would be doing part of that in addition to helping people stay on their medications and get to their appointments.
- E. Dave Drew indicated that he would like to see a contract similar to what Johnson County has with their social worker.
- F. Mark Monson said he would like to get going on this position as soon as possible using Johnson County as a model and make sure all of the sheriffs see it.
- G. Mark Sybesma said he would like to know the cost of the position as well as a job description.
- H. Shane stated that he and the services coordinators will work with the sheriffs in the next month and get information together for the next Board meeting.

7. CONTRACT WITH HENRY MULLER HALL

- A. Shane explained that the contract with Henry Muller Hall is very similar to the contract the Region has with Shesler Hall.
 - I. Henry Muller Hall is an all-male transitional housing facility.
 - II. They are providing a service to individuals from the Region.
 - III. Mike Wood and his wife run the facility.
 - IV. They can house up to five men at a time and the average stay is six months.
- B. Motion by Mark Monson, second by Dennis Wright to approve the contract with Henry Muller Hall. Carried 3-0.

8. SIGNAGE FOR ASSESSMENT CENTER & STABILIZATION CENTER

- A. Patty shared that she had contacted three signage companies. Only one of the companies (Tri City Signs) did outdoor signs. The gentleman from Tri City signs told her that a 4 x 6 lit sign from would be approximately \$3,400. He also told her that he did not think that a 4 x 6 sign would offer the visibility that is needed.
- B. Mark Monson recommended that they contact Darren Maurer from Maurer Sign & Design. Shane agreed to contact him.
- C. Dennis Wright asked that a decision be made on the sign at the next meeting, Chairman Mark Loutsch agreed.
- D. Shane asked that Patty get a written quote from Tri City Signs and that he would contact Mr. Maurer about getting a quote and they would bring it to the Board next month.

9. FRIENDSHIP HOUSE/DROP-IN CENTER PROGRESS

- A. Shane recommended that Chairman Loutsch form a committee for exploring options for the Friendship House and Drop-in Centers.
- B. Chairman Loutsch asked for four volunteers. The following individuals offered to be on the committee:
 - I. Mark Monson
 - II. Kathy Roberts
 - III. Kim Keleher
 - IV. Aaron Haverdink
- C. The committee will set a date to meet and will update the Board at the next meeting.

10. CONTRACT FOR UTILIZATION OF ASSESSMENT CENTER BY NEIGHBORING REGION

- A. The contract is for the North West Iowa Care Connections Region.
 - I. This region does not have a crisis center.
 - II. The contract allows them to use the Sioux Rivers facility at a daily rate of \$400.
 - III. Sioux Rivers' clients would take precedent over the North West Iowa's clients.
 - IV. North West Iowa Care Connections' clients would be served only if there are available beds.
 - V. This contract will be renewable every year.
- B. Motion by Mark Sybesma, second by Mark Monson to approve the contract with North West Iowa Care Connections. Carried 3-0.

11. UPDATE ON SEPTEMBER 19, 2016 MEETING BETWEEN SHANE, MARK M., MATTHEW AND JAN HEICKES OF DHS.

- A. Shane shared with the Board and attendees that they met to talk through some issues and to try to improve communications between Woodbury County and the Board. Shane pointed out things that he agreed to work on as CEO:
 - I. Getting the Governance Board Agenda out to Board members earlier.
 - II. Having more back up materials in the meeting packets instead of passing them out at the meetings.
- B. Mark Monson thought it was a good meeting.
- C. Matthew Ung thanked Shane for the respectful conversation. He added that they discussed a lot of the issues that Woodbury County has had. The issues discussed:
 - I. Tri View
 - II. Whether or not we are going to take on case management.
 - III. More conversations between the Region and Woodbury County's jail staff, which he felt has been happening.
 - IV. The trends of more regions being involved with children's mental health.
 - V. Past issues where Woodbury County has had disagreement, progress was made specifically on contracts and job descriptions.
- D. Mark Monson added that he is happy that Dennis Wright and Shane have gone to some the meetings in Woodbury County, including the homeless meeting. He stated that the Region is not the solution to those problems but he feels needs to be represented at these meetings.
- E. Chairman Mark Loutsch and Shane discussed having a visionary meeting for the Board and providers where they could discuss the Region as a whole, talk about unmet needs and the kinds of things they would like to accomplish.
 - I. Dennis Wright added that they would need to find a neutral person to run the meeting.
 - II. Shane Walter stated he would get in touch with either Jeff Schott or Deb Burnight to see if either of them would be available to lead the visionary meeting and then he will get back to the Board on possible dates at the next Governance Board meeting.
 - III. Board members decided that the visionary meeting needs to take place before budget planning.

12. PRELIMINARY FY18 BUDGET DISCUSSION

- A. Shane shared with the Board the need to begin looking at the budget process.
 - I. The sizable fund balance needs to be looked at and they need to come up with strategies to bring that balance down.
 - a. They need to look at lowering the tax levy over the next year or two.

13. REGIONAL MENTAL HEALTH EXPENDITURES – AUGUST 2016

- A. Motion by Dennis Wright, second by Mark Sybesma to approve the mental health expenditures as presented. Carried 3-0.

14. FISCAL AGENT REPORTS

- A. Dennis Butler presented both the Fund 110 and Fund 720 reports. The Fund 720 as of September 21st has a balance of \$5,546,018.

- B. At the next meeting he will have an accrued balance for fiscal year 2016.
 - C. There will be money coming in from all three counties from taxes collected which will be about 3.5 million dollars. So there will be a substantial balance at the end of the year.
 - D. Motion by Jim Henrich, second by Mark Monson to approve the Fiscal Agent Reports as presented. Carried 3-0.
15. GENERAL DISCUSSION: CEO MEETINGS ATTENDANCE, TRANSITION SERVICES, ACT, CHILDREN'S MH
- A. Shane updated the Board on some of the meetings he has been attending.
 - I. He meets with the CEOs and DHS both on a monthly basis.
 - II. There has been a lot of discussion of what is happening with the MCOs. Every other month when they meet with the DHS they meet with MCO representatives as well and they have had good dialog.
 - III. They have talked a lot about transitional services and what is going on across the state.
 - B. The Board and attendees talked about the differences between adult transitional services and children's transitional services.
 - C. In-school programs are moving forward with two Sioux County schools and a third starting soon.
 - D. Shane shared that the Region is already ahead of the game with children's services because of the in-school therapy.

Meeting adjourned at 2:50 p.m.



Julie Albright, Secretary

Approved by Board: October 25, 2016