



## SIoux RIVERS REGIONAL MHDS

### GOVERNANCE BOARD MINUTES

TUESDAY, MARCH 22, 2022

The Sioux Rivers Regional MHDS Governance Board in person and via zoom at 1:30pm. Those in attendance included: Douglas Smit, Kim Keleher, Christina Eggink-Postma, Mark Loutsch, Jerry Birkey, Cory Altena, Don Kass, Mark Sybesma, Shane Walter, Kim Wermersen, Carl Vande Weerd, Mavis Anema, Lisa Rockhill, Abby Wallin, Ryan Dokter, Mike Van Otterloo, Shawn Scholten, Beth Will, Tim Overmire, Tammy Bruinsma, Sheila Martin, Sarah Jackson, Nicholle Eaton, Barry Whitsell, John Pluth, Jamison Van Voorst, Kasey Fear, Denise Driesen, Tim Schumacher, Janice Hill, Sharon Nieman, Rob Aiken, Brittney Funston came on zoom at 1:40pm, Amanda Olson arrived at 1:45pm, Carl Vande Weerd and Mark Sybesma left at 3pm.

**1. WELCOME AND INTRODUCTIONS-**

Wermersen welcomed the group and called the meeting to order at 1:30 pm.

**2. APPROVE AGENDA-**

Vande Weerd made a motion to approve the agenda. Altena seconded the motion. The motion carried with all ayes.

**3. REVIEW AND APPROVAL OF 2/22/22 MEETING MINUTES-**

Kass made a motion to approve the February 22, 2022 minutes. Birkey seconded the motion. The motion carried with all ayes.

**4. FISCAL AGENT REPORT AND REGIONAL EXPENDITURES-**

Dokter reported on the February financials. The month of February ended at \$4,463,692.62, Pluth made a motion to approve the financial report. Vande Weerd seconded the motion. The motion carried with all ayes.

**5. APPROVAL OF CLAIMS-**

Van Otterloo asked if all county jails are accessing services in the jail. Anema stated all jails have access to services. Will did state some of the jails utilize Plains Area instead of ITP. Van Otterloo made a motion to approve the claims. Altena seconded the motion. The motion carried with all ayes.

**6. ROSECRANCE UPDATED MOU-**

Walter reported on the updated MOU. Walter stated the updated rate is \$900 instead of the Medicaid rate. Sybesma made a motion to approve the updated MOU. Kass seconded the motion. The motion carried with all ayes.

**7. FY22 HOPE HAVEN RATE APPROVAL-**

Walter reported an additional rate was added to the Hope Haven addendum and the need for an updated addendum. Van Otterloo made a motion to approve the updated addendum and rate addition. Altena seconded the motion. The motion carried with all ayes.

**8. GOOD LIFE CONTRACT-**

Walter reported the Good Life contract was received this morning. Walter stated the region could contract with Good Life to work with all of our providers. Rockhill asked if the price went down if we do not have up to six providers interested in working with Good Life. Walter stated the potential cost could go down if less providers are interested. Altena asked if the dollars were in the budget if the region decided to move in this direction. Walter stated the dollars are in the budget. The contract will be on the agenda for next month to give the board time to review it.

**9. FY22 PROVIDER FUNDING REQUESTS-**

The first items discussed were Seasons Center requests and Champion State of Mind Camp. Walter did state the staff recommended up to \$150,000 towards the camp. Eggink-Postma and Olson did meet to discuss their camps. They are similar and complementary but do not provide the same services. Both agencies are planning to notify their clients of both opportunities. Olson spoke about Little Champ Camp with plans to go into the communities and work with local resources to build them into the camps while in that community. Camp Autumn is held at the camp location. The goal of Little Champ is to build relationships in the communities, and build on those after the camps are over in those communities. Van Otterloo asked about \$78,000 towards restrooms at Camp Autumn. Those modifications are for all individuals at camp. Vande Weerd appreciated the providers working together, but did ask if this was sustainable going forward. At this point, Little Champ would be a pilot program with the plan to evaluate and determine if it is something we want moving forward. Eggink-Postma does want the Governance Board to know the agencies are serving different age groups. Little Champs is ages 6-11. Seasons Center is 4-21 age group. Altena believes one year of doing this camp is better than zero years of doing something. Walter stated we need to be at 40% of our expenditures by the end of the year. Walter states we have about a million dollars we can spend yet even after approving the dollars requested. Olson did state they have already reached out to providers in the communities and have already been offered items to assist in the camps. Olson is excited to see how many other providers in the communities are willing to partner going forward. Kass made motion to approve the staff suggestions to both Champion State of Mind and Seasons Center as listed on the FY22 Provider Funding Recommendations. Van Otterloo seconded the motion. The motion carried with all ayes.

Walter discussed the Pride Group proposal. Walter stated the region would like to provide each provider funds to support staff. Walter would like the staff to develop a plan to bring back to the board next month. Altena stated consistency among providers is important. Sybesma asked if Walter had an idea what amount we are looking at. He did state the staff had talked about \$100,000, but it is possible the dollars need to be more. Walter did state we need to account for dollars in this fiscal year. Birkey asked if

counties gave Covid bonuses to their employees. The counties did not. Rockhill did state the staff wants to ensure all staff benefit, and not just new hires and sign on bonuses. Altena asked if Good Life would alter things moving forward for some providers compared to others. Walter stated that is something that needs to be discussed as well. Walter would like some direction from the board on how much we should dedicate to that process. Sybesma and Kass are willing to investigate how much good Good Life can do as well as how much money we may need to subsidize providers in the short term as a potential figure to be \$200,000. Walter stated the staff would look at this and come back with a recommendation to the Governance Board. Altena asked if would know the number of employees. Janice Hill asked if there was a template or application to identify what would be needed from the providers. Walter stated we need to reach out to all providers to determine needs going forward. The board believes a formula would be a great start. Pride Group recruitment will be put on hold.

Hope Haven recruitment of \$60,000 would also be tabled. The \$12,000 was tabled last month. Walter would like it approved since all providers will be offered the opportunity going forward. Vande Weerd wants to make sure all providers are included in the incentives rather they have asked for money or not to this point. All providers will have the option to participate. Van Otterloo made motion to approve the \$12,000 to Hope Haven with the option to take money out of any additional money if needed. Sybesma seconded the motion. Duhn will send the Good Life information to all providers. Anema asked if all private providers would be included. Walter stated all dollars would be provided to those in our provider network. The motion carried with all ayes.

Champion State of Mind annual training certification costs were discussed. Walter stated we have made it known we would provide training to staff, and this is one more opportunity to do so. Pluth made a motion to approve \$3,000 towards training. Kass seconded the motion. The motion carried with all ayes.

**10. CRISIS SERVICES PROPOSALS & BUILDING-**

Walter stated we have received two crisis proposals. There were proposals received from Plains Area and Seasons Center. Walter would like the board to look through the proposals and ask questions of each provider with an intent to make a decision by next month. Walter appreciates the work both providers have done towards the proposal. The Seasons Center proposal would be in partnership with Care Connections of Northern Iowa. The Access Center in Sioux City will need to remain an option for our region as it is a requirement of us. With that center, we could continue to send individuals to Sioux City. The Plains proposal would require the region to identify a building for the service within the region. The agreement would be in effect July 1 with services to begin mid-year. Plains Area did state the plan would be July 1, but it would be contingent on a building as well as staff. The Palo Alto Hospital did reach out to Plains Area about putting a home in Emmetsburg and want to tour the home in Sac City. Cory asked if the dollars were budgeted for FY23. Duhn did confirm the dollars are budgeted, but spread out within multiple line items based on services. Seasons Center did not provide a timeline though would need to have staff in place before services could begin. There are certain key positions that would need to be in

place in order to provide the services. The one-time funds would be to remodel. Seasons Center would be partnering with Spencer Hospital to share some staff to include RN staff. The partnership would be between Care Connections as well as Spencer Hospital and Seasons Center. Walter will see if he can find out what Palo Alto County Hospital is looking at doing. Vande Weerd asked if the property in Alton is dead at this point. Walter did state the Alton location is too close to Sioux City according to DHS. Keleher did state she would suggest a more northern location such as Spirit Lake. Kass believes we would be better to partner due to history of low utilization. Keleher did state it makes sense to combine all services together. Kass believes a partnership with Care Connections and Spencer is the way to go due to dollars and location. Kass made a motion to go with Seasons Center. Altena seconded the motion. Eggink-Postma did state the Seasons Center board does need to make a decision at their board meeting later this week. The motion carried with all ayes. The board thanked Keleher for all of her work.

**11. STRATEGIC PLANNING UPDATE-**

Walter provided a strategic plan update in the board packet. The next step begins on Thursday. Any other board members are welcome to participate if they wish to do so. Walter asked the board members to get a hold of Duhn or Rockhill if they would like to participate so a link could be sent.

**12. STAFF SALARIES-**

Walter stated the board would need to approve the salaries. Duhn did state all salaries are listed within the budget separated by counties to account for each person within that budget. Sybesma made a motion to approve staff salaries based on suggestions by Walter. Kass seconded the motion. The motion carried with all ayes.

**13. FY23 BUDGET UPDATE-**

Skipped and included in Annual Service and Budget Plan.

**14. FY23 ANNUAL SERVICE AND BUDGET PLAN-**

Walter presented the Annual Service and Budget Plan that is due annually April 1. Rockhill did state some of the information was provided by Rob Aiken at DHS. The fund balance is purely an estimate at this point. It will change based on funding discussed today and going forward. Rockhill stated the scenario is based on if we took all of the money and spent all the dollars planned going forward. Walter stated we have a firm handle on revenues as we got that from the state. We will receive roughly \$4.3 million dollars. At this point we have budgeted \$4.6 million. A fund balance of 5% is all that will be allowed after one year. Sybesma believes we have money for the next few years and we need to spend those locally if at all possible. Birkey made a motion to approve the Annual Service and Budget Plan. Altena seconded the motion. The motion carried with all ayes.



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#### 15. COUNTY RENT EXPENSES-

Wermersen stated Dickinson County wants \$7281 per year based on current amount paid by DHS in Dickinson County. Lyon wants \$300 per month based on what they charge others. O'Brien County is not planning to charge rent. Plymouth is going to charge based on what they charge DHS. Sharon or the Auditor will provide this information. Walter does not know what Sioux County is planning. Emmet County has agreed to \$1000 per year for their needs.

#### 16. UPDATE ON REGIONAL POLICIES-

Walter reported the policies were provided to the board last month and are in the packet if the board so chooses to approve those. Kass asked questions about the documentation requirements. Wallin did state documenting is an ethical issues. It needs to be done to cover ourselves if something were to happen. Duhn did state the documentation is needed to serve clients across regions. Van Otterloo moved to approve the updated policies as submitted. Kass seconded the motion. The motion carried with all ayes.

#### 17. GENERAL DISCUSSION/UPDATES

Dr. Scholten reported on updates from the Advisory Board meeting that was held in March. The next meeting is June 14. Kass informed the board Nieman will be retiring effective July 8, 2022. Plymouth County will be advertising for that position. Kass confirmed there is money within fund 10 still in Plymouth County to hire an individual to start prior to July 1 to work with Nieman. Plymouth County would like to advertise as soon as possible. The executive committee, Walter, and Plymouth County will work together to hire this person. Walter did state we need to amend the 28 going into the new fiscal year. Walter will be working on this and get to the board ahead of time so the board can approve at the April meeting. The management plan will also need to be done. A MOU will also be done with regard to General Assistance for the counties. All of those items will be on the next meeting agenda.

#### 18. ADJOURN GOVERNANCE BOARD MEETING-

Altena made a motion to adjourn the meeting. Kass seconded the motion. The motion carried with all ayes. Meeting adjourned at 3:12 pm.

Sue Duhn, Secretary

A handwritten signature in cursive script that reads "Sue Duhn".

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