

## Sioux Rivers Regional MHDS

### Governance Board Minutes

February 25, 2020

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, February 25, 2020 at the Sioux Center Council Chambers, 335 1<sup>st</sup> Avenue NW, Sioux Center, Iowa.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:30 p.m.  
Members present: Mark Loutsch, Don Kass, Mark Behrens, Mark Sybesma, Carl Vande Weerd, Dayton Vogel, Tammy Bruinsma, Shane Walter and Mavis Anema.  
Others present: Sherri Bootsma, Kim Wermersen, Sharon Nieman, Lisa Rockhill, Matt Buley, Sue Duhn, Beth Will, Ryan Dokter, Jay Ricke, Emily Rohlk, Sarah Jackson, Abby Wallin, Janelle Hultquist, Dr. Shawn Scholten and Nicky Eaton.
2. CHAIRMAN LOUTSCH ASKED FOR A MOTION TO APPROVE THE AGENDA  
  
Motion made by Sybesma and seconded by Kass to approve the agenda. Motion carried 3-0.
3. APPROVAL OF MINUTES  
  
Motion made by Vande Weerd and seconded by Behrens to approve the minutes from the December 17, 2019 meeting. Motion carried 3-0.
4. APPOINT FISCAL AGENT AND ELECTIONS OF OFFICERS
  - a. Motion made by Kass and seconded by Behrens to appoint Sioux County as the Fiscal Agent. Motion carried 3-0.
  - b. Motion made by Vande Weerd and seconded by Sybesma to appoint Mark Loutsch as Chairman, Mark Behrens as Co-Chairman and Mavis Anema as Secretary. Motion carried 3-0.
5. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES
  - a. Dokter presented the January FY20 Fiscal Agent Reports and stated we are at about 64.49% used of the budget.
    - i. Total Revenues for the month of January were \$8,850.06
    - ii. Total Expenditures for the month of January were \$170,097.05
    - iii. Ending Balance as of January 31, 2020 was \$889,230.75
6. UPDATES:
  - a. Ricke stated that there were 3 cases in January that were seen through the Orange City ER.

- b. Scholten gave an update from the Advisory Board that met January 28, 2020. Next meeting will be April 8 at 1:30.
- c. Rohlk stated Mobile Crisis has begun in our region as of January 1, 2020. In February so far there have been 6-8 calls in our region.
- d. Buley reported on IPS they have had 2 referrals the last month. Seventy percent of the people have maintained employment.
- e. Eaton stated that Sioux Rivers should be getting restitution in the sum of \$903.00. Out of the 24 people served last month 3 were from our Region. She stated there is talk that private insurance may start to pay for Crisis Services.
- f. Walter stated he is still working on an Access Center. We need to work with Rolling Hills and NWICC, this now is looking more like a virtual model rather than brick and mortar. This needs to be up and going by July 1, 2021.
- g. Walter continues to work with Seasons to provide ACT, he states they are not being reimbursed well.
- h. Walter states conversations continue with Sarah Jackson from Pride on providing IRSH services. Money is an issue and the State needs to look at that at a rate of a U10 or U11. MCOs need to commit to fund a person for 1 ½- 2 years.
- i. Service Coordinators state that Jail Diversion is working well in each of their counties.
- j. Nieman presented names as potential members to the Children's Mental Health Advisory Committee. She advised the Board there are 10 specific areas that need to be represented. She believes we are the first Region to get a Pediatrician on our Committee. The Committee will meet in either end of March or beginning of April. This Committee will meet on a quarterly basis.
- k. Nieman and Anema shared information on the ARC program. We are working to have an Arc program up in Northwest Iowa. Maurice Reformed Church has committed use of their church facility. Teachers and paras need to be committed by end of March in order to make this event happen. Nieman and Anema have been working on getting letters and volunteers.
- l. Walter commented he is still on conversation with Sarah from Pride regarding transition beds. Sarah has a policy written and will meet with Walter for approval.
- m. Walter stated we have been working with Plains Area to provide Substance Abuse Evaluations.

## 7. APPROVAL OF CRISIS CENTER AGREEMENT

Discussion was held it takes about \$780,000 to run the ASC, that amount will be split between the 2 Regions. SMHC is able to be reimbursed by Medicaid up to \$115,000 and then anything over that needs to be reimbursed back to the Regions at the 80/20 split.

Motion made by Vande Weerd seconded by Behrens to split the cost for the ASC with the Rolling Hills Region at 80/20 split, 80% Rolling Hills and 20% Sioux Rivers Regional MHDS. Motion carried 3-0.

8. APPROVAL OF FY21

Walters stated there is a chance this will need to be amended as there are several unknowns still at the State level. He states that the line items are not important however the bottom line is which really needs to be approved. This will probably need to be finalized at the March 2020 meeting as the budget will need to be in the Annual Service and Budget Plan which is due April 1.

Motion made by Sybesma and seconded by Behrens to approve the tax levy rate at \$30.49 and the expenditures will be no more than \$3,105,612.00. Motion carried 3-0.

9. APPROVAL OF PROVIDER CONTRACTS

Motion made by Sybesma and seconded by Kass for a 3% increase on straight rates which include The Pride Group and Hope Haven. The mental health centers will remain the same and Mobile Crisis will be set at \$.21 per capita which is \$259,000 a year. The employment grant/IPS will be \$200,000 which will be divided differently among Village Northwest, Lifeskills and Hope Haven. Motion carried 3-0.

10. YOURLIFE IOWA EMERGENCY LINE UPDATE

Walter gave information to the Board that YourLifelowa has 24 phone lines in which is available 24-7. He stated this is basically a duplication of service in which we pay our Providers to maintain their emergency line. This is something the providers should prepare to change to the next fiscal year in their budget.

11. APPROVAL OF CAMI FOR KIDS TALKING POINTS

Motion made by Vande Weerd and seconded by Behrens to support the Legislative talking points. Motion carried 3-0.

12. UPDATE ON LEGISLATIVE/FUNDING

Walter just stated this is a work in progress. It is being discussed to have an increase in sales tax.

13. GENERAL DISCUSSION

No comments

14. ADJOURNMENT

Motion to adjourn made by Vande Weerd and seconded by Behrens meeting adjourned at 2:48 p.m.

Mavis Anema, Secretary



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